Kenyon College Comprehensive Retirement Workshop:

Date: April 22, 2015
Location: Kenyon Athletic Center

Schedule:

8:00-8:15am – Registration and light, healthy breakfast Sponsored by Emeriti, catered by Panera - 2nd Floor Waiting Area between Theater and Fitness Area

8:15am – 9:00am – The Emeriti Program - Joe Reardon & Christina Fendley
    Beulah Kahler Theater, 2nd Floor

9:00 am – 10:30am - Your Next Great Adventure: Living well in Retirement
    TIAA-CREF, Chandler Mercer
    Beulah Kahler Theater, 2nd Floor

10:30-Noon – Social Security & Medicare – Changes in 2015 and beyond – Darren Lutz, Social Security Administration; David Painter, Ohio Department of Insurance
    Beulah Kahler Theater, 2nd Floor

Noon – 1:00pm – Exercise for Balance and Fall Prevention – Tom Stabile, Stability Fitness
    MAC Basketball Court (Wear comfortable clothing for stretching exercises).