

#### **HOOKING UP AND RELATIONSHIPS**

at Kenyon and Mount Vernon Nazarene University

Presented by Dan Groberg and Tricia Shimamura

## About the Study

Kenyon	MVNU
809 Students (49.2% of Students)	550 Students (39% of Undergrads)
271 Males	175 Males
(33.6% of	(32.9% of
Responses)	Responses)
535 Females	373 Females
(66.4% of	(67.1% of
Responses)	Responses)

- Conducted by research methods classes at Kenyon and MVNU
- Observations, in-depth interviews, and an online survey
- Questions about relationships, sexual behaviors and attitudes, alcohol use, religiosity and spirituality, moral beliefs, and more
- 1,359 students responded to survey

## Kenyon Respondents

**271 Males** (33.6% of Responses) **535 Females** (66.4% of Responses)

**51 First Generation College Students** (7.7% of Responses)

238 First-Years (29.5% of Responses)204 Sophomores (25.2% of Responses)147 Juniors (18.2% of Responses)217 Seniors (26.9% of Responses)

573 White Respondents (87.9%)
24 African-American Respondents (3.7%)
15 Hispanic Respondents (2.3%)
17 Asian Respondents (2.6%)
23 Bi-Racial Respondents (3.5%)

582 Heterosexual (89.0% of Responses)27 Gay or Lesbian (4.1% of Responses)45 Bisexual (6.9% of Responses)

**109** Fraternity or Sorority Members (16.4%) **557** Independent Students (83.6%)

**568 Belong to Clubs/Organizations** (85% of Responses)

**171 Collegiate Athletes** (25.7% of Responses)



Introduction of Mount Vernon Nazarene University

### A Comparison of Kenyon and MVNU

	Kenyon	MVNU
Student Body	1,644 Students	1,401 Traditional Undergraduates
On-Campus Housing	98% of Students	75% of Full-Time Students
Acceptance Rate	38.5%	80%
Graduation Rate	88%	56%
Student-Faculty Ratio	9.5:1	16:1
Out of State	83% of Students	7% of Students
Financial Aid	54% of Students	94% of Students

## **Campus Policies**

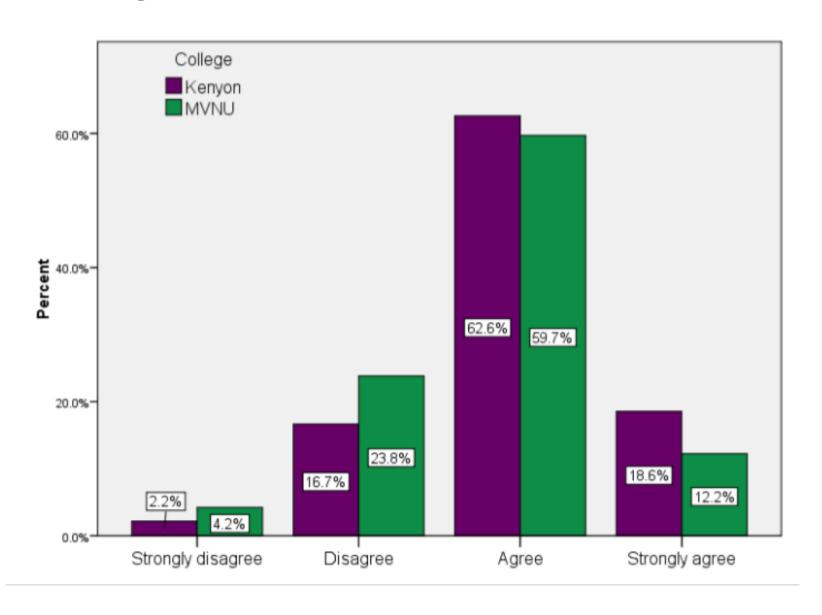
	Kenyon	MVNU
Alcohol Policies	3.35	2.35
Housing Policies	3.30	2.30
Visitation Policies	3.57	2.51
Curfew Policies	3.23	2.68
Party Policies	3.42	2.67

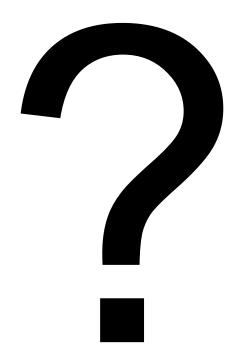
These represent mean scores, on a scale of 1-5.

A three means the policy has no impact on hooking up.

A larger number means students felt that the policy was likely to increase hooking up behavior.

### Happy with the Social Scene?





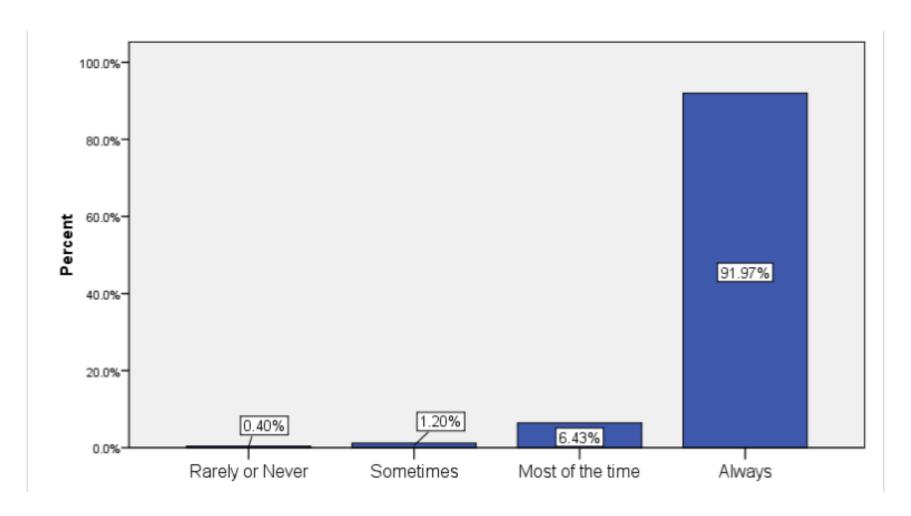
Hook ups include....

## DEFINING A HOOK UP

## Defining a Hook Up at Kenyon

- "The range of opinions on whether hooking up and sexuality itself is normal and even good is wide among my circle." –Kenyon Female
- "Hooking up doesn't make sense. Is it supposed to be a random encounter that has no implications in the 'real world' of relationships? It's all very, very confusing."
   Kenyon Male
- With so many people hooking up, it's hard to tell what people are actually looking for. Some people hook up and that's all they want, while others may be hoping that the hook up will lead to something more." – Kenyon Female
- "It depends on the reason for the hookup. If it's for the sake of lust, then I feel satisfied. If it is for the sake of further pursuing someone, it can get a little confusing." – Kenyon Male

## Kissing in Kenyon Hook Ups

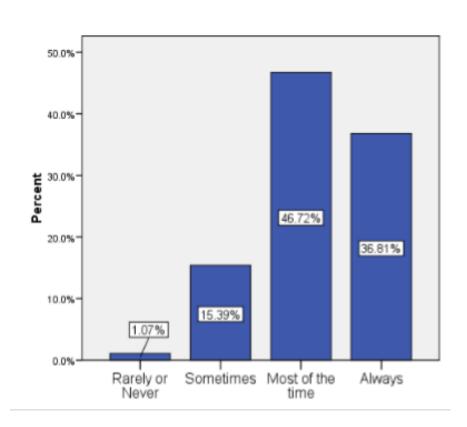


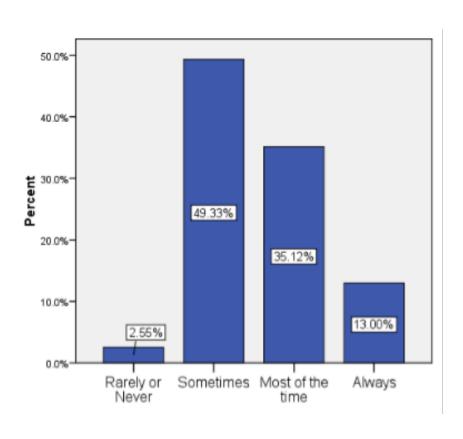
Almost all students believe that kissing is always part of a hook up

## Touching in Kenyon Hook Ups

#### **Above the Waist**

#### **Below** the Waist

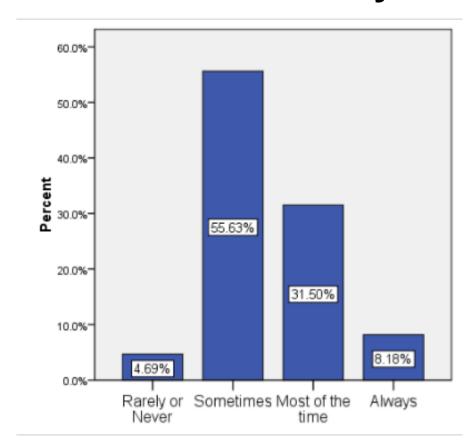


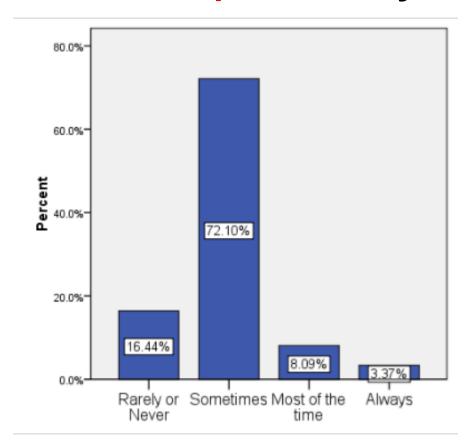


## **Nudity in Kenyon Hook Ups**

#### **Partial Nudity**

#### **Complete Nudity**



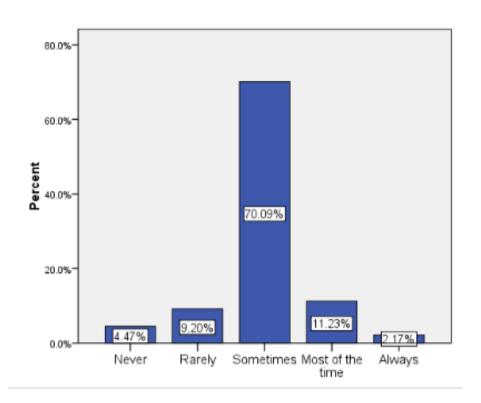


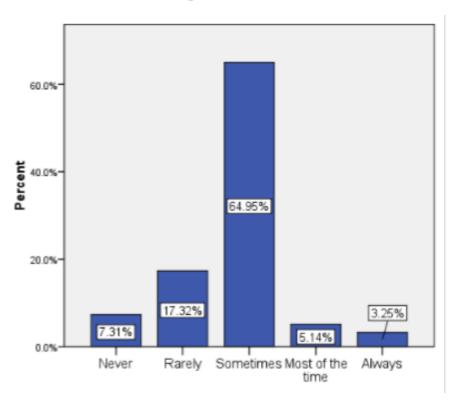
Nudity is only sometimes part of a hook up

## Sex in Kenyon Hook Ups

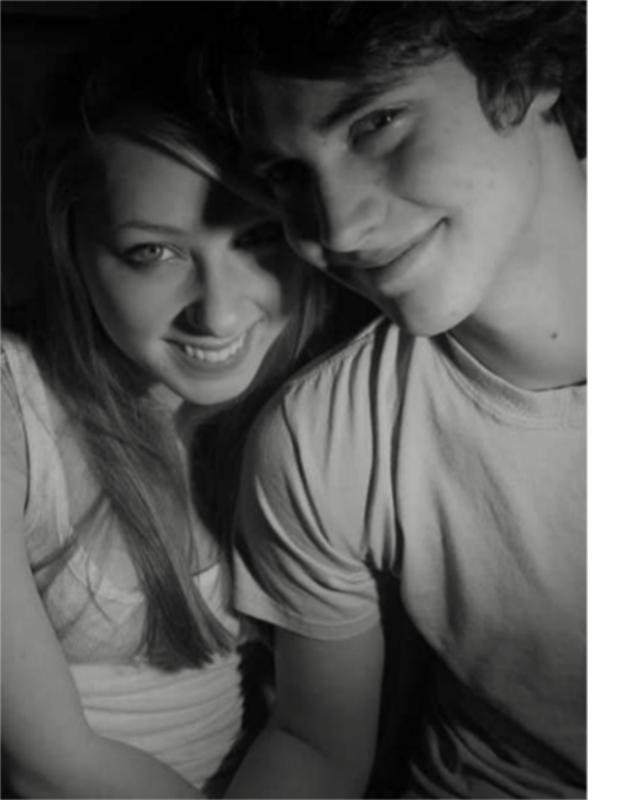
**Oral Sex** 

**Vaginal Sex** 





A quarter of Kenyon students say that vaginal sex is rarely or never a part of hooking up

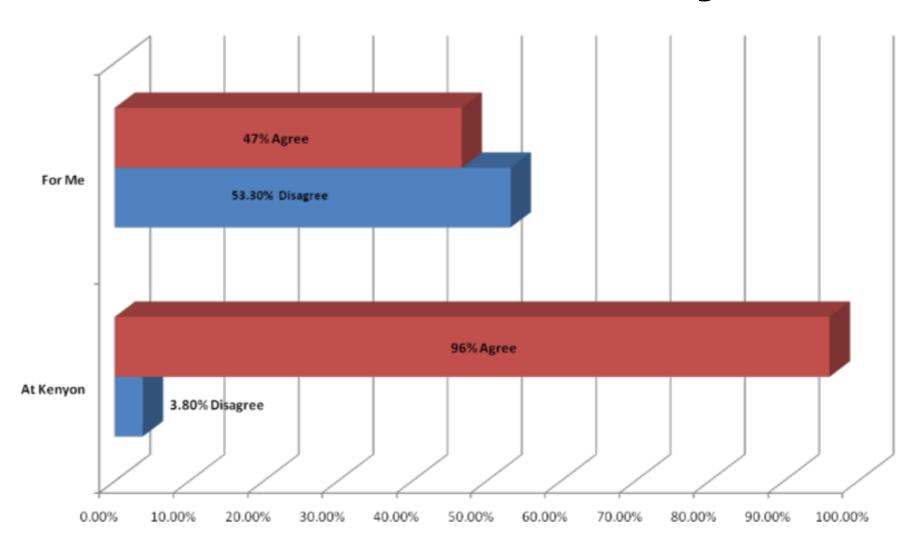


Casual Sex and Hooking Up

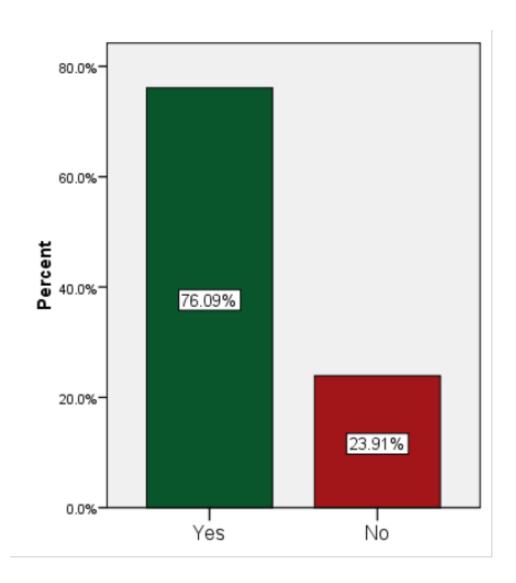
## Casual Sex and Hooking Up

 For the following questions, a hook up was defined as a casual sexual encounter, ranging from kissing to intercourse, with no future commitment to maintaining a relationship.

## Hookups are Normal? For Me and at Kenyon



## Have you ever Hooked Up?

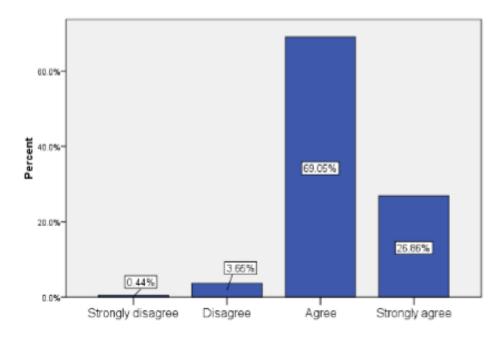


- "I often feel judged by my friends even though I don't hook up a lot... This is the least fun part about hooking up: I don't think people have any right to judge others' habits as long as they are safe." – Kenyon Female
- "Hooking up is for people who do not intend to have a relationship, therefore it is all about how far one can get. It is about trying to have sex..." – Kenyon Male

12.7% of Kenyon students do not feel comfortable hooking up

### Casual Sex?

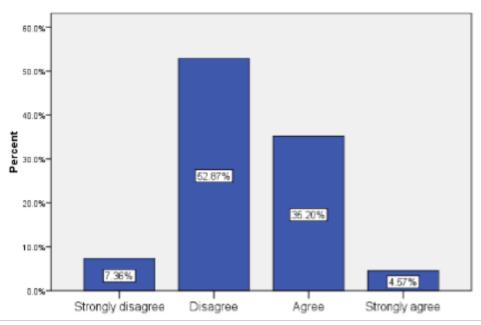
#### Casual sex is accepted at Kenyon



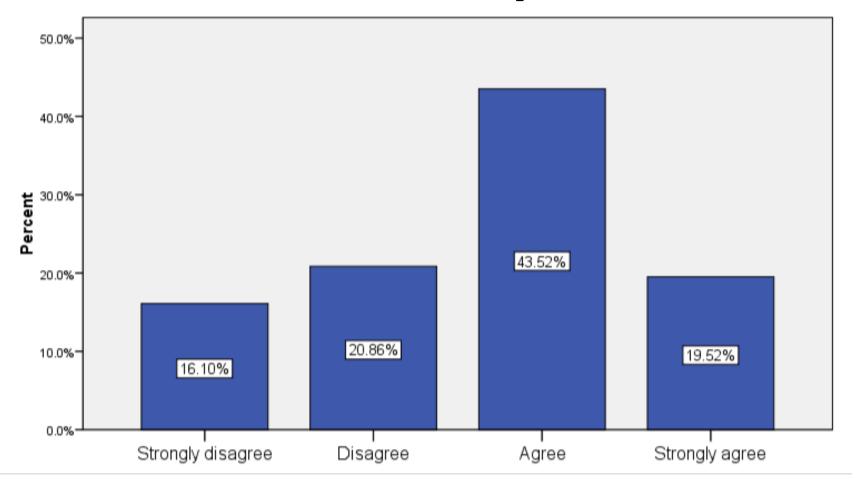
"lust, embarrassment, awkwardness, sensitivity, happiness, comfort, discomfort, shame, ecstasy." – Kenyon Female "People's egos get very involved in hooking up, and they end up pursuing intimacy with others for their own egotistical satisfaction—that way, someone's bound to get hurt."

Kenyon Male

#### Casual sex is *expected* at Kenyon



### Alcohol Has Played a Role in My Hook Ups



"Sometimes there is regret afterwards, especially if alcohol is involved. Hooking up spontaneously sometimes leads to other people getting hurt." - Kenyon Female

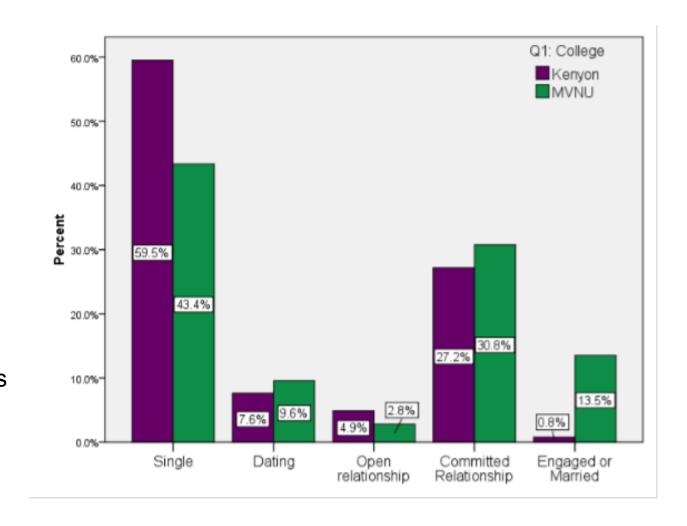
# Dating and Relationship s



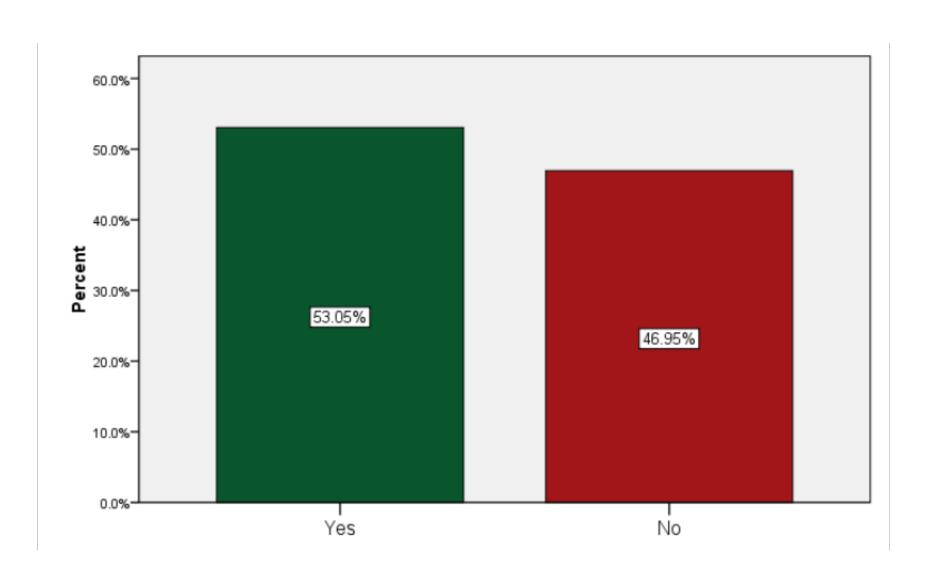
## Relationship Status at Kenyon and MVNU

"I definitely want a committed relationship--I just don't think that hooking up with that person is the way to achieve it. That person might think that you just consider him or her a 'hookup,' and not value him or her as a person." – Kenyon Male

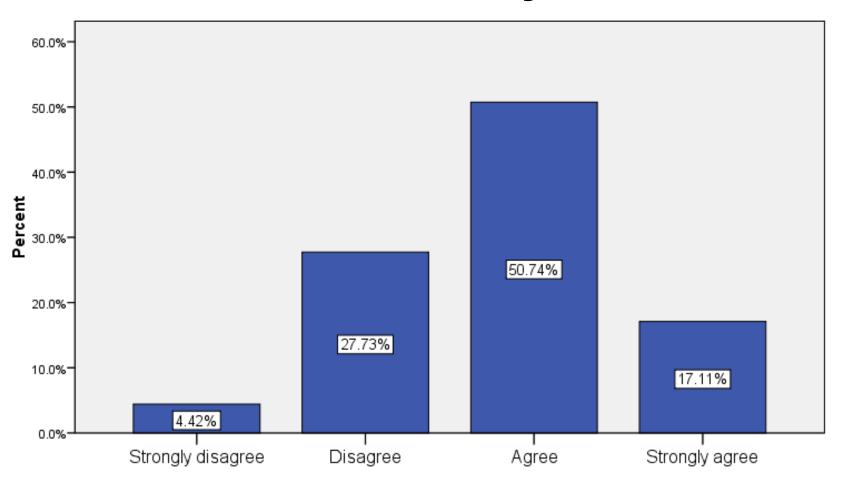
"After hooking up, I always wonder what could possibly happen in the future with that person." – Kenyon Male



## Have You Ever Been in a Committed Relationship While at Kenyon?

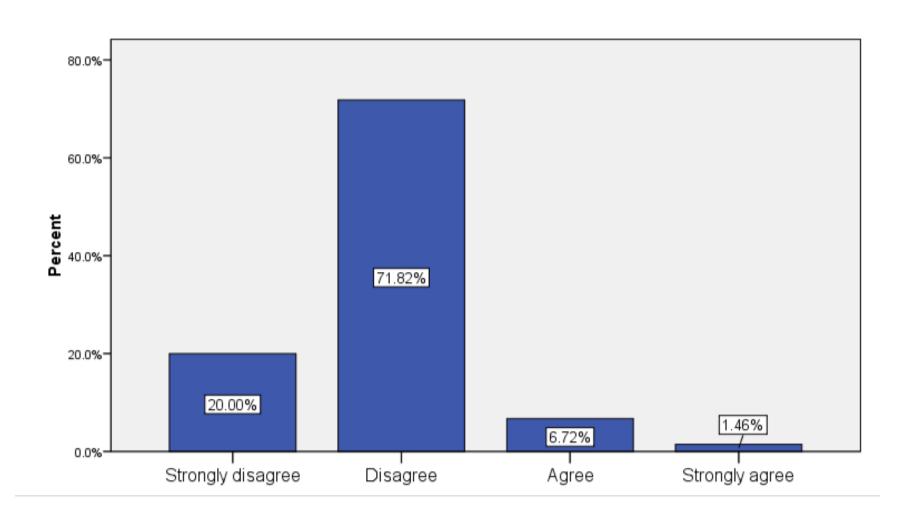


## I Expect a Serious Relationship While at Kenyon

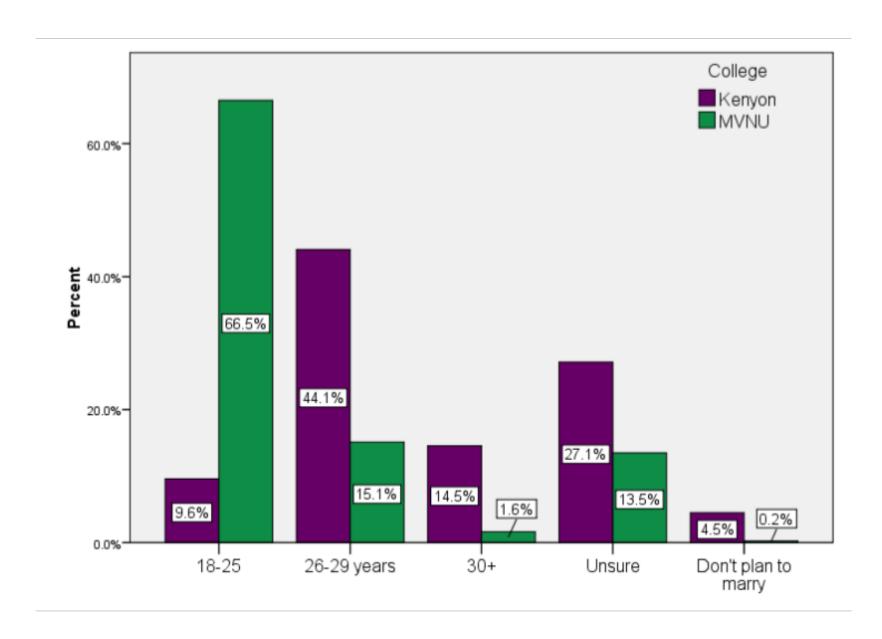


65.2% of women agree 73.3% of men agree

## Are Serious Relationships Expected at Kenyon?



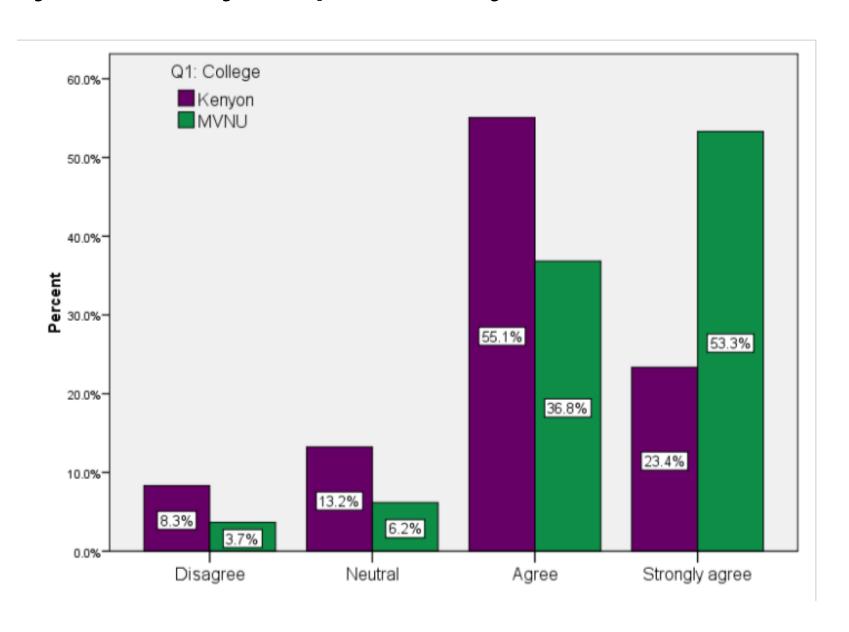
#### When Do You Plan to Get Married?



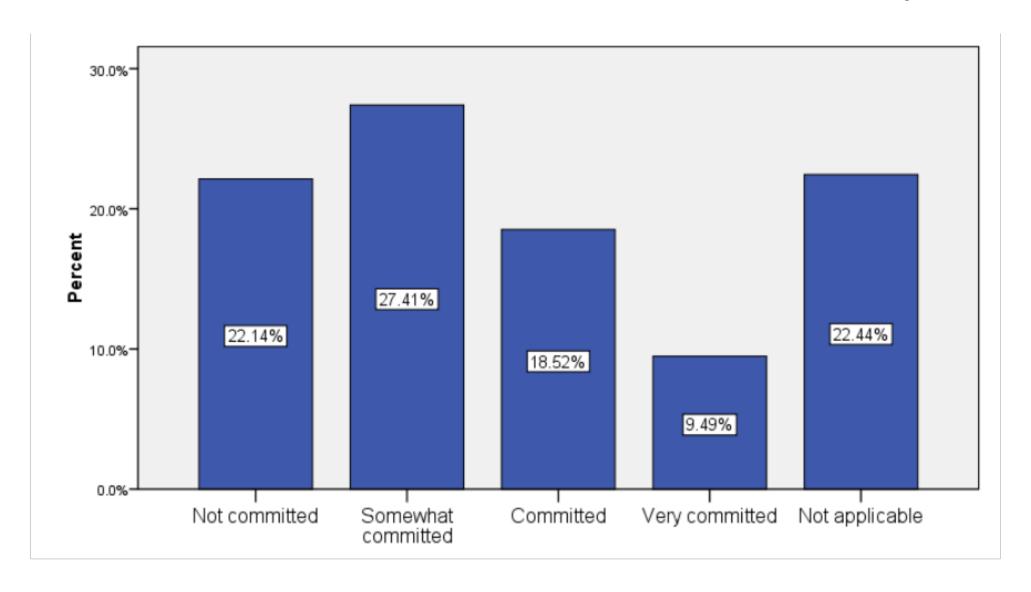


## Morality and Spirituality

### My Morality Impacts My Sex Decisions



### Commitment to Spiritual Beliefs at Kenyon

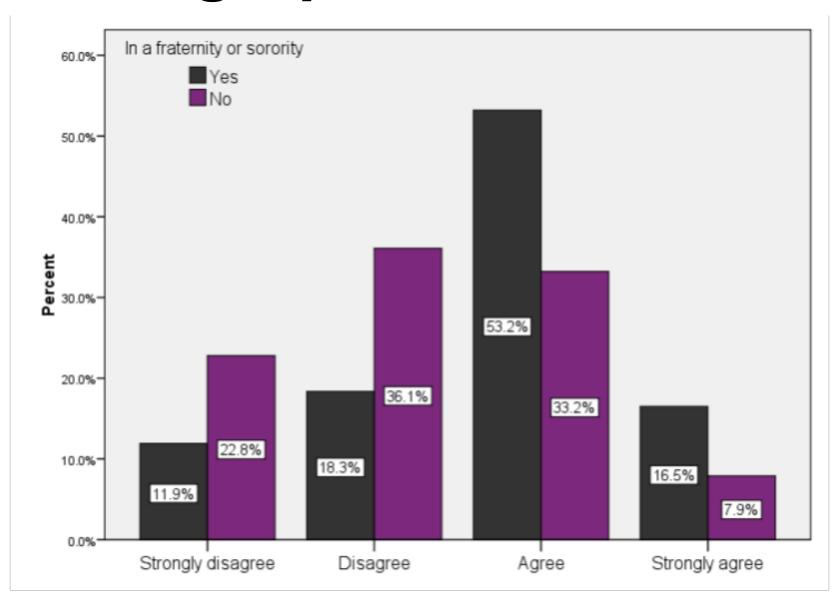


Comparing
Greek
Students +
Independent
s



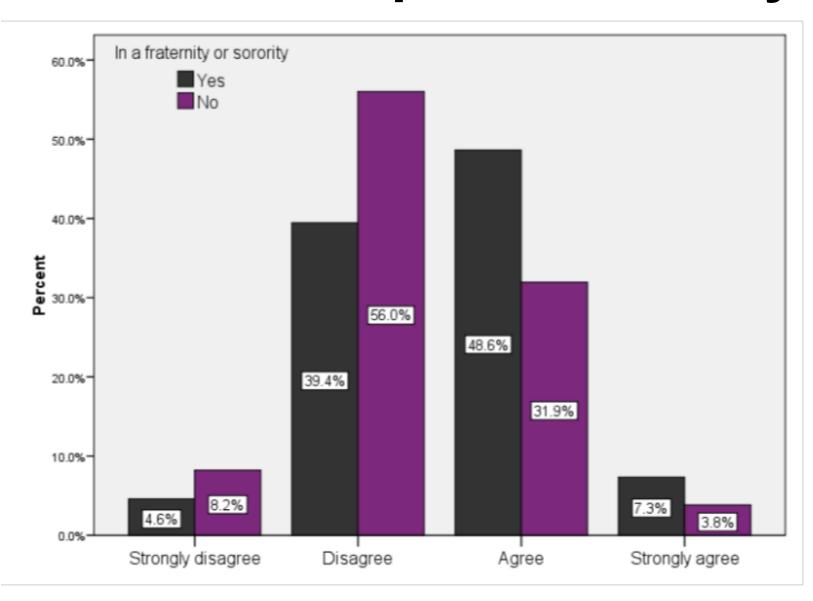
#### **Greeks and Independents:**

## Hooking Up is Normal for Me

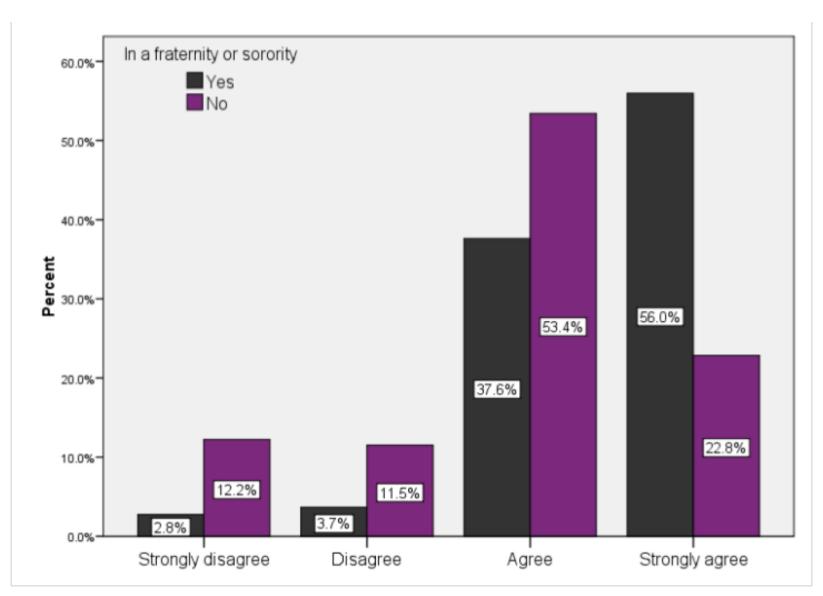


#### **Greeks and Independents:**

### Casual Sex is Expected at Kenyon



## Greeks and Independents: Alcohol is Normal for Me



## More Kenyon Quotes

"I think it's fun, and it feels good, but I'd rather do it with someone who I feel something towards." – Kenyon male

"I felt embarrassed afterwards, not because I regretted hooking up, but because most of my friends found out about it immediately and I didn't know how to handle the situation." – Kenyon female

"Even when I hook up, I still try to value and respect what little I may know of the person. Indeed, I haven't really hooked up without talking to someone for quite some time. Intellectual discourse can be the best kind of foreplay". – Kenyon male

Even though I haven't hooked up very much I sometimes feel like I have because of how many of my friends hook ups I have been involved in. –Kenyon Female

"After 'hooking up' with someone, I tend to shy away from that person when sober. However if I were to see them again when intoxicated, I tend to seek them out. I don't expect a commitment... and may not even talk to them after that one night."

Kenyon Female

### Questions?

Email Dan Groberg (grobergd@kenyon.edu) or Tricia Shimamura (shimamurat@kenyon.edu)