What to do if you experience an on the job injury or illness

If you become injured or sick on the job, we want to help you get well and get back to work.

A work-related injury or illness can upset your life. Suddenly, you may find your health, your work and your enjoyment of leisure activities threatened. You may be confused about how and where to get the attention you need to get back on your feet. You may be concerned about the hassles and red tape you have to go through. Relax. To help you through this difficult time, your employer has formed a team to assist you in your recovery. The team includes:

- Your employer's workers' compensation representative - a person you can turn to for advice on how to get started.

- Sedgwick - known for its understanding of work-related injuries and illnesses and its rapid response to injured employees' needs.

- An experienced provider network -physicians, therapists, and other health professionals specially qualified to treat your work-related injury or illnesses.

Sedgwick is ready to help you, the most important member of the team, get well so you can get back to work. We'll stand by you throughout the entire workers' compensation process, helping make sure you have access to the quality care you deserve. When you become sick or injured on the job, Sedgwick is ready to assist you in getting the care you need.

Follow these five steps to help ensure you get the treatment and benefits due you.

1. Report the Injury Immediately

Unless it's a life-threatening emergency, report your injury, accident, or illness to your supervisor or company representative before you leave work. Failure to report an injury may cause delay in getting benefits due to you.

2. Get your ID Card and Forms - Injury Reporting Kit

This packet contains your ID card and necessary forms, which include an Incident Form, First Report of Injury and a Medical Release. Complete the forms with your supervisor or company representative. He or she will need these in order to report your injury. Take your ID card to the medical provider. Be sure to use the ID card each time you visit your medical provider.

3. Seek Medical Treatment

Your visit to the provider should take place as soon as possible after your injury. When you go for your first visit, take your ID card (included in this packet). We ask that you seek medical attention from the Anchor Medical Group listed below. You may seek treatment from any provider; however, the provider must be BW certified.
Remember to take your ID card to all subsequent visits with the provider.

4. Let Your Employer Know

After each appointment, let your company representative know you've seen your medical provider. In addition, Sedgwick will assist to manage your care, help arrange your return to work, and keep your employer updated on your condition.

5. Evaluate your Treatment Provider

We hope you will be pleased with the provider you choose. However, if for any reason you wish to see a different provider or treatment facility, contact Sedgwick. We will do our best to work with you to find a new provider or treatment center.