



The Care Factor

Diabetes Care Program

Diabetes is a disease that can cause many complications including heart disease, circulatory problems, kidney failure and loss of eyesight. These conditions may result in procedures such as open-heart surgery, amputation, organ transplant or laser surgery for retinal bleeding.



EBMC Care Programs are designed to identify and reach out to plan participants with chronic illness and make positive impact on their lives and well-being. By assisting participants in the managing of their illnesses in compliance with the standards of care, we will afford all employers the most value from our Care Programs while helping their plan participants achieve their optimum health status.

We are different.

We can prove it.

Diabetes Care Program participants receive:

- Education on effective ways to keep blood sugar as close to normal as possible
- Support and guidance in making positive lifestyle changes
- Assistance with prescription costs to help participants remain compliant with their physician prescribed treatment plan

Learning how to manage Diabetes may reduce the risk of developing complications associated with the disease. The Diabetes Care Program teaches participants how to do this through education. Program participants receive the benefit of saving money on Diabetes medications and supplies (see page 2 for details). Participation in the program is voluntary and confidential. There is no cost to participate.

To sign up for the program, please call a Nurse Care Coordinator at 1-877-304-0761 or locally 1-614-932-6374.

Participant Requirements

Interaction with a Nurse Care Coordinator

- Details of the participant's condition, course of treatment, and specific needs are discussed.

Diabetes Education

- Upon enrollment, participant will attend FREE Diabetic Education.
- We will identify local American Diabetes Association (ADA) approved education scheduled at a date and time convenient for the participant.

Diabetes Testing

- HgBa1c, Lipid Panel, Serum Creatinine and Urine Microalbumin laboratory tests at appropriate times throughout the course of the program and submission of the test results to the Nurse Care Coordinator.

Eye Exam

- Annual, comprehensive dilated eye exam with refraction at no charge if performed by a VSP provider.