



The Care Factor

EBMC Care Programs are designed to identify and reach out to plan participants with chronic illness and make positive impact on their lives and well-being. By assisting participants in the managing of their illnesses in compliance with the standards of care, we will afford all employers the most value from our Care Programs while helping their plan participants achieve their optimum health status.

**We are different.
We can prove it.**

Care Programs

Kenyon College is pleased to announce the addition of new services available to our medical plan participants effective January 1, 2009. We care about your health and well being and want to provide you the opportunity to be as healthy as possible. Plan participants now have an option to join EBMC Care Programs. EBMC Care Programs are designed to identify and reach out to plan participants with chronic illness and make positive impact on their lives and well-being. There is no cost to sign up. The programs are voluntary and offer the following incentives for participation:

Asthma

- **Zero** or drastically **reduced** prescription copays for asthma medication
- **Free** peak flow meter and spacer
- **Free** individualized Asthma education by a Nurse
- **Free** availability of 24/7 nurse line

Coronary Artery Disease (CAD)

- **Zero** or drastically **reduced** prescription copays for CAD medication
- **Free** blood pressure cuff or weight scale
- **Free** individualized CAD education by a Nurse
- **Free** availability of 24/7 nurse line

Chronic Obstructive Pulmonary Disease (COPD)

- **Zero** or drastically **reduced** prescription copays for COPD medication
- **Free** smoking cessation program, including medications and/or nicotine patches
- **Free** individualized COPD education by a Nurse
- **Free** availability of 24/7 nurse line

Diabetes

- **Free** insulin and testing supplies
- **Zero** or drastically **reduced** prescription copays for Diabetic medication
- **Free** diabetic education
- **Free** glucose meter
- **Free** annual dilated eye exam
- **Free** availability of 24/7 nurse line

Heart Failure

- **Zero** or drastically **reduced** prescription copays for Heart Failure medication
- **Free** weight scale
- **Free** individualized Heart Failure education by a nurse
- **Free** availability of 24/7 nurse line

**To learn more or to sign up for a program, please call a
Nurse Care Coordinator today!
1-877-304-0761 or 1-614-932-6374**