



The Care Factor

EBMC Care Programs are designed to identify and reach out to plan participants with chronic illness and make positive impact on their lives and well-being. By assisting participants in the managing of their illnesses in compliance with the standards of care, we will afford all employers the most value from our Care Programs while helping their plan participants achieve their optimum health status.

We are different.

We can prove it.

Asthma Care Program

Asthma is an inflammatory condition of the lungs that makes it difficult to breathe. Asthma is a chronic condition which means the inflammation is always present, even when there are no symptoms. The inflammation worsens when exposed to triggers and causes coughing, wheezing, chest tightness, and airway obstruction which can lead to asthma attacks.



Asthma Care Program participants receive:

- Education on how to identify and decrease exposure to triggers
- Information on effective ways to prevent asthma symptoms and attacks
- Assistance with prescription costs to help participants remain compliant with their physician prescribed treatment plan

Learning how to manage Asthma can help participants have fewer and less severe attacks. The Asthma Care Program teaches participants how to do this through education. Program participants receive the benefit of saving money on Asthma medications and related supplies (see page 2 for details). Participation in the program is voluntary and confidential. There is no cost to participate.

To sign up for the program, please call a Nurse Care Coordinator at 1-877-304-0761 or locally 1-614-932-6374.

Participant Requirements

Interaction with a Nurse Care Coordinator

- Details of the participant's condition, course of treatment, and specific needs are discussed.

Annual Doctor Visit with Participant's Doctor

- Complete an annual doctor office visit to ensure the appropriate treatments and medications are being used.

Asthma Education

- A home health nurse will visit the participant's home at a date and time convenient for them and provide education on optimizing their health status.