Kenyon College Comprehensive Retirement Workshop:

Date: April 22, 2015 Location: Kenyon Athletic Center

Schedule:

8:00-8:15am – Registration and light, healthy breakfast **Sponsored by Emeriti,** catered by Panera - 2nd Floor Waiting Area between Theater and Fitness Area

8:15am – 9:00am – The Emeriti Program - *Joe Reardon & Christina Fendley* Beulah Kahler Theater, 2nd Floor

9:00 am – 10:30am - Your Next Great Adventure: Living well in Retirement *TIAA-CREF, Chandler Mercer* Beulah Kahler Theater, 2nd Floor

10:30-Noon – Social Security & Medicare – Changes in 2015 and beyond – Darren Lutz, Social Security Administration; David Painter, Ohio Department of Insurance Beulah Kahler Theater, 2nd Floor

Noon – 1:00pm – Exercise for Balance and Fall Prevention – *Tom Stabile, Stability Fitness* MAC Basketball Court (Wear comfortable clothing for stretching exercises).











